

Sandbach Gymnastics Newsletter

ISSUE 11

JUNE 2010

Competition Success

Please Support the Gym That Supports Your Child



National Team Tumbling League - Wakefield March 2010

This was one of our largest entrants to date. We competed 29 gymnasts in the three categories; Springer, Junior and Senior. The Gymnasts received Gold in the Junior Event, with Charlie taking the overall individual Gold. We also attained a Bronze in the Senior Team Event and Bronze in the Mixed Junior Team Event. All the gymnasts had an enjoyable day competing at their training standards. This was the first National Tumble League Event for Elliot Adams, Amy Nolan, Lucie

Hursthouse, Charlotte Beaumont, Naomi Bostock, Eve Fenoglio, Alex Capper, Nadia Barr, Megan Jones, Philipa Wynn, Bethany Platt, Bethany Lawrie, Isla Warr and Ella Burnett

British Schools Trial and North West Compulsory Level 4 + 5



Sandbach Gymnastics took five gymnasts to the competition at Birchwood. Pagan Brown & Charlie Fellows were competing for a place to represent the North West. Both girls won their places within the team, with Charlie taking 1st place overall. Ella Burnett & Isla Warr competed in the level 5, this was their first 4 piece competition. Both of our youngsters competed beautifully, Ella was placed 2nd overall, 2nd on vault and beam and 3rd on floor, 1st on range + conditioning. Isla was 4th overall and 1st on bars, 3rd on beam. Danielle Johnson competed in the level 4, she performed all her apparatus well and was placed 7th overall. This was also Danielle's first 4 piece competition.

British Schools Competition - Newcastle March 2010

Both Pagan & Charlie qualified to represent the North West at this years British Schools Championships in Newcastle. Charlie who won last years event had to withdraw so that she could compete at her first *Great Britain International in France*. Pagan competed in the senior event and had a very successful day. She completed her routines without any falls and was ranked 10th overall. Pagan has climbed an incredible 24 places since last year. Pagan has worked very hard this year which is now reflected in her scores.



English Championships Junior & Senior Championships

A very successful weekend for Charlie Fellows & Pagan Brown. Charlie competed as a junior and stormed through to gain **first** place overall beating her nearest rival by 1.7 marks. She also gained **1st** on beam and **2nd**

on bars. Pagan also competed exceptionally well. Her competition was tough as she competed against the best in country as the competition was used as a trial for the European Championships. Pagan was ranked a fantastic 10th place overall with 5th place on floor. This was a great weekend for both the girls and the club.



General Events and Activities

SPONSORED ROLL - This years sponsored event will take place the week beginning 28th June. Each child is asked to participate in their class. This event is normally a huge success and raises around £2000. The money this year will be used to purchase more wedges, vaulting tables and crash mats. We hope that you can help support this event by helping you child gather sponsors.

BAG PACKING - Sandbach Gymnastics has been asked to take part in a bag packing event at Morrisons in Nantwich on Saturday 21st August. All squad gymnasts will be asked to participate. The event normally raises around £1000. The money will be used for the purchase of equipment.

GYMNAST OF THE QUARTER - Each quarter the coaches of the club will discuss how the gymnasts of each group have trained, worked, most improved etc. We will then present the selected gymnasts with a certificate to reward their individual efforts.

Sat 9 - 10 am	Cameron King
Sat 10 - 11 am	Matthew Hall
Sat 11 - 12 am	Jarad Jackson
Sat 12 - 1 pm	Emily Clarke
Mon 4 - 5 pm	Lucy Morgan
Mon 5 - 6 pm	Georgia Grainger
Tue 4 - 5 pm	Freya Markham
Tue 5 - 6 pm	Anya Burnand
Tue 6.30 - 8.30 pm	Chloe Burt
Thu 4 - 5 pm	Lily Hughes
Thurs 5 - 6 pm	Paige Mountford
Thu 6.30 - 8.30 pm	Danielle Cooper
Fri 4 - 6 pm	Annabelle Goring
Mon - Tumbling	Oliver Smedley
WA Squad	Isla Warr
WA Squad Junior	Alisha Evanson
Tumbling Squad	Emma Fowler
Sat 1 - 3 pm	Hannah Blain
Sat 3 - 5 pm	Lilly Kent

Fund Raising and Parent Support

Please contact Tracy Cooper on 01270 767491

If you can help or support the development of the club in anyway.

Club Welfare Officer

Rob Whiting has taken on this voluntary position and is registered with BGA Thank you Rob

sandbachgymnastics.com

CONGRATULATIONS TO OUR GYMNAST QUARTERLEY WINNERS!!!



Charlie Fellows
English Champion 2010
and
World Class Start Squad for
Great Britain

Grants for Volunteers - The club currently has fifteen volunteer coaches who give up to 6 hours a week to coach the gymnasts. As part of their programme we try to seek funding to support costs associated with courses.

If you would like to become a volunteer coach please contact Danni / Tracy to discuss. It is important to commit to 1-4 hours per week in order that we may assist you in your learning and the gymnasts can benefit from your regular support. Volunteers work under the guidance of qualified coaches, Enhanced CRB via the BGA will be required. Please contact us if this is of interest to you. All new coaches start somewhere.

BRITISH GYMNASTICS MEMBERSHIP

All members of the club must be registered Sandbach Gymnastics is a BGA registered club and therefore it is a pre-requisite of the governing body that all our members affiliate to them. **Please ensure that your BGA membership is up to date. The membership year is October to September. Thank You.**

PARTIES – Birthday parties are available on Sundays. These are proving to be very popular. We do advise that you try to book as far in advance as possible. The party includes 1 hour coached fun gymnastics and 1 hour for your food and party games. Please speak to reception for more details.

RECREATIONAL CLASSES

Please ensure you fees are paid to secure your child's place. We do operate a waiting list of 100 children, so class places will be given away if fees are unsecured. The classes are very busy and in demand so please ensure you fees are up to date.

Thank You for your co-operation.

Fitness Membership - All gymnastics parents the have benefit of discounted membership to the fitness gym. Current annual paid in full memberships are £250 per annum. **Discount Price £185.00**