Sandbach Gymnastics Newsletter

Issue 6 November 2006

Please Support the Gym That Supports Your Child

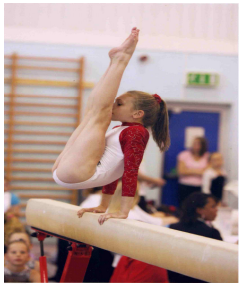
Competition Success

Voluntary National Championships Debut!!!

Hannah McBride, Carrie Smith, Georgia Pickles and Charlie Fellows competed in September at the North West Voluntary Championships and all secured top 4 rankings to include them in their North West teams for the National finals in November. This was the first voluntary National Final for all 4 girls. All girls competed to a very high standard. Charlie secured a top 10 ranking being placed 8th in the country for the 9 years competition. She was also ranked 1st on beam and 8th on bars. Georgia showed what fantastic progress she has made in last 12 months and was ranked 35th. She improved on her team ranking from 4th to 2nd place. Carrie showed top routines on floor and beam after a shaky start on the bars, which unfortunately received a 5 mark deduction for a short routine. Hannah had a great competition and showed she is one of the best beam workers in the Country. She was ranked 4th on beam, 17th on floor and was ranked 24th overall.

The girls have made huge improvements this year, of which they should be very proud of. The year has been a difficult one, they missed around 2 months work on the bars due to the relocation and 2 weeks on other apparatus. We are now looking forward to next year , the girls can all train vault now we have the full vault run.

Thanks to girls for their hard work, coaching staff and parents!!!



ALPHA FACTOR CHAMPION 2006 - 9 YEARS AGE CATEGORY

Charlie Fellows was crowned the Alpha Factor champion of 2006 in September. This was a friendly but prestigious competition for gymnasts across the country. Charlie performed all of her routines beautifully and produced an outstanding performance. This is Charlie's first year of competing and I'm sure made all the hard work worth while.

THE NATIONAL TUMBLING LEAGUE CHAMPIONSHIPS

We competed 19 gymnasts in 3 categories (springers, juniors + seniors). It was a long weekend for all but rewards were paid back. We won the Springer team title, team members were Hannah, Carrie, Georgia and Charlie. Charlie achieved bronze overall. We also got bronze in the senior team, team members were Kristy, Dayle Hollie and Addicca. With Dayle achieving 4th overall. This was a debut competition for Samantha Jones, Melissa Ollier, Lydia Smith, Anina Pletscher, Katie Cuttle, Anna Birrell, Rhianna Stenson and Abigaial Lawton. This was our first team tumbling event which proved very successful thank you to everyone's support!!!

General Events and Activities

GRANTS - We have successfully been awarded a grant from **Congleton Borough Council**. The Capital grant awarded was **£3,000**. This will be used to complete the Community Room upstairs. This room once completed will be available for use for clubs and local groups. If you know anybody who may be interested please let somebody at reception know. Many thanks

SCHOOLS - We have been approached by a few local schools who are looking at hiring coaching staff to teach gymnastics within their schools. We would be grateful if you know of any other schools who may be interested in this activity. We are trying to set up links with all local schools.

PARTIES– Birthday parties are now available on Sundays. These are proving to be quite popular. We do advise that you try to book as far in advance as possible. The party includes 1 hour coached fun gymnastics and 1 hour for your party games and food. Please speak to reception for more details.

LEOTARDS - There will now be a leotard rail set up in the gymnastics permanently. Please feel free to take a look during the warm up time when the gymnasts wont be disturbed . We can also order leotards and tracksuits from The Zone. If you would like to order a leotard please go to reception. The fundraising account will receive 10% of all sales made, which will go towards the purchase of new equipment.

Fund Raising and Parent Support

Please contact Tracy Cooper on 01270 767491

If you can help or support the development of the club in anyway.

Thank you for your support

Visit ***sandbachgymnastics.com***

ADULT GYM –This class is available to any body over 18 years. There are currently around 10 adults who attend each week. The class has beginners as well as ex-gymnasts . The class is run on Wednesdays from 7.00–9.00 pm and costs £6. There is no need to book, just turn up!

TODDLERS - The toddler time classes run on Tuesday and Friday mornings from 9.30 - 10.30 am. You supervise your own child and enjoy the fun time with your child in the gymnastics hall. The class costs £1 per head and is available to any children under 5 years only. There is no need to book.

BRITISH GYMNASTICS MEMBERSHIP Sandbach Gymnastics is a BGA registered club and therefore it is a pre-requisite of the governing body that all our members affiliate to them. Please ensure that your BGA membership is up to date. The membership year is October to September. Thank You.

FUN GYM - This is a supervised play class that is available to all members. Its held on the 1st Sunday within each Month. This is now a great success and we generally have over 30 gymnasts each session. If your child is interested in attending, bring them along and I'm sure they will have a great time. The class starts at 4.00 pm and finishes at 6.00 pm and coasts £4 per child.

GYMNAST OF THE QUARTER - Every quarter we intend to do an update newsletter, keeping you informed of current activities. Each quarter the coaches of the club will discuss how the gymnasts of each group have trained, worked, most improved etc. We will then present the selected gymnasts with a certificate to reward the their individual efforts.

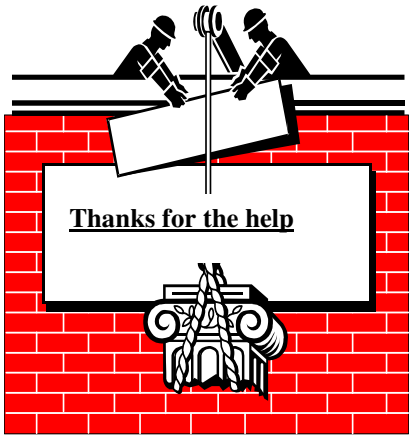
Fitness Membership - All gymnastics parents the have benefit of discounted membership to the fitness gym. Current annual paid in full memberships are £250 per annum. **Discount Price £190.00**

CONGRATULATIONS TO OUR GYMNAST QUARTERLEY WINNERS!!!

Sat 9 - 10 am	**Hannah Bailey**
Sat 10 - 11 am	**Bethan Mossford**
Sat 11 - 12 am	**Emma Fowler**
Sat 12 - 1 pm	**Natasha Cole**
Mon 4 - 5 pm	**Hannah Taylor**
Mon 5 - 6 pm	**Bethany Howarth**
Tue 4 - 5 pm	**Mia Bradshaw**
Tue 5 - 6 pm	**Chloe Yates**
Tue 6.30 - 8.30 pm	**Rhianna Davies**
Thu 5 - 6 pm	**Callum Speed**
Thu 6.30 - 8.30 pm	**Felicity Morris**
Fri 4 - 6 pm	**Grace Robinson**
Fri 6 - 8 pm	**Loucas Garratt**
WA Squad	**Charlie Fellows**
WA Squad Junior	**Lucy Shirley**
Tumbling Squad	**Samantha Jones**

RECREATIONAL CLASSES -
All classes are FULL !!. Please ensure that your course fees are paid on the due dates to reserve your child's place. There have been a couple of occasions where fees have not been paid and we have no choice but to allocate the place to somebody else.
We now operate a waiting list system for all classes, this has 100 children on it. Unsecured places are offered to new members on the waiting list.

Thank You for your co-operation.



WE DID IT , WE NOW HAVE OUR NEW AND FULLY EQUIPPED GYMNASTICS CLUB