# **Sandbach Gymnastics Centre**

16 Bradwall Road Sandbach Cheshire CW11 9AB

#### **Press Release**

Friday 23rd February

Contact: P Aldous (please notify if photograph is possible)

Sandbach Gymnastics

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## Item 1 North West Grading Qualifier

Rebecca Mason 9 years competed in the regional grading competition at Liverpool sports Centre on Sunday 11th February. Rebecca comfortably won the grade 4 competition, and hence she will lead the North West team at the National Finals for the second year running.

#### Item 2 Cheshire & Merseyside County Squad Trials

Gymnasts Charlotte Hulme, Claire Neve and Melissa Cagna from Sandbach gym trialed for the County Squad on Sunday 18th February. All three gymnasts were successful and are now County Gymnasts.

## **Item 3 Training Camp Deva - Romania**

Gymnast Rebecca Mason and Coach Peter Aldous will be joining the National GB team for a training camp in Romania between 4 - 15 th march. Deva is the National Gymnastics Centre for the Romanian Team. Rebecca will have the opportunity to train alongside current junior and senior Romanian National Team Members as well as "up and coming gymnasts "like herself. Gymnasts such as Nadia Comaneci and Lavinia Milosovich trained at the Deva Centre.