



Sandbach Gymnastics

Generic Competition Information 2020



**Performance
Gymnastics**

Denise Coates Foundation Building
Millbuck Way
Sandbach
Cheshire
CW11 3GQ

Phone: 01270 767491

Intermediate Competitions (Floor + Vault / Tumbling) - 2 Hours per week

Club Uniform:-

Purchase

- | | | |
|----------|---|--------|
| 1 | ◆ Red training leotard (£35/£40) | Online |
| | ◆ Polo shirt (£15) | Club |
| | ◆ Red fleece (£20) | Club |
| | ◆ <u>Plain</u> black leggings of your own | |

Intermediate Competitions Tumbling - 2 Hours per week and above

Club Uniform:-

Purchase

- | | | | |
|----------|---|------------|--------|
| 2 | ◆ Black long sleeved competition leotard | (£63/£72) | Online |
| | ◆ Red fleece | (£20) | Club |
| | ◆ Plain Black leggings of your own | | |
| | ◆ Boys - Black tumble shorts + Boys Leotard | (from £39) | Online |

4 Piece Competitions - Development Squad

Club Uniform:-

Purchase

- | | | | |
|----------|--|------------|--------|
| 3 | ◆ Red long sleeved competition leotard | (£63/£72) | Online |
| | ◆ Club tracksuit | (from £78) | Online |
| | ◆ Red polo shirt | (£15) | Club |
| | ◆ Red Back Pack | (£20) | Club |

4 Piece Competitions - Performance Squad

Club Uniform:-

Purchase

- | | | | |
|----------|------------------------------------|------------|--------|
| 4 | ◆ Long sleeved competition leotard | (Special) | Online |
| | ◆ Club tracksuit | (from £78) | Online |
| | ◆ Red polo shirt | (£15) | Club |
| | ◆ Red Back Pack | (£20) | Club |

Competitions are long days, be prepared for one!!
Coaches and judges make themselves available all day to support the gymnasts
Try to support all the gymnasts as a family yourselves

General Information

You Must Have: -

Up to date SGF Membership / Insurance.

NW Membership - £6 payable to NWAGA for NW Comps only.

Entry Fee + Information

Your entry fee includes your child's entry and a contribution towards the judging fee, apparatus fees etc.

Please don't miss the set **deadline** if you wish to enter this event.

Clubs have entry deadlines

Parent Information

Parents are not allowed in the competition area under any circumstances.

We try to provide extra training sessions to further prepare our gymnasts. Extra sessions are not compulsory but are recommended.

Please note, we don't control the timings of competitions and sometimes they run ahead of schedule. Please make provision for this.

Clubs are often requested to provide an adult helper for the competition day. Please try to support the event if asked.

