

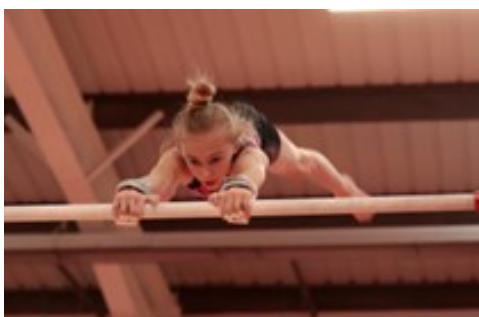


Newsletter - December 2023

An Incredible 2022

This year has been a huge success. Our membership is the largest ever, with over 700 children enjoying gymnastics each week

Isla Qualifies for the British Championships



Isla McBain aged 12 years passed her compulsory 2 grade earlier in the year to secure herself a place at the British Championships in 2023.

The compulsory 2 is the hardest grade for gymnasts and Isla passed with 6 marks clear. Testament to her beautiful work. Isla will now join her team mate, Michaela Sides in March 2023 at the Echo Arena to compete in Great Britain's highest level competition.

Team Singapore



Team Singapore came to train in preparation for the Commonwealth Games in Birmingham.

The team worked alongside our women's team and were an absolute pleasure to work with and beautiful to watch. Lots of gifts were exchanged and we hope to see them in the near future and possibly take a visit over to Singapore

Our Friends from USA visit the centre



Lifelong friends Gymnastics of York, USA came to visit in October. The team spent time training with Peter and Kirsty alongside a fun packed week of sightseeing. The girls got to visit the beaches in Wales, attended the World Championships in Liverpool and experienced trick and treating UK style (in the rain) and a special training session in Pudsey. Special thanks go to Payson Short and Rose Woodvine and family for hosting the girls. Without this parent support these trips would not be possible

Sandbach Gymnastics Foundation

Tel 01270 767491
Web www.sandbachgymnastics.com
Email sandbachgymnastics@yahoo.co.uk

Charity Registration No. 1171220



Associated programmes

Member Organisations

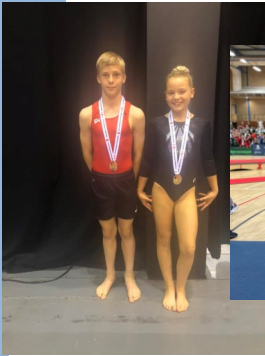
Special Olympics

The club hosted the Special Olympics Rhythmic Competition. The event was organised through our friends at Hopes and Beams Gymnastics Club. The team provide incredible opportunities for children with a variety of needs. It's good to give back in the community and if anyone would be interested in volunteering please make yourself known :)



Tumbling Success

Our tumblers have been busy this year competing over a few events and bringing medals home from each competition. This is our first year of competing the team since our move and covid. The team is making great progress. Lots of new skills and being learnt and we are enjoying watching them all whip , twist and double back. We are looking forward to watching you grow in 2023



English Gold, Silver, Bronze Championships



The girls loved their first English Championships. Our senior team showed some beautiful work and brought home lots of medals. The girls will now be preparing for competitions through Feb and March

In House Grades and Floor and Vault



We hosted an In-house grades and an in-house floor and vault championships, with over 70 gymnasts in each competition.

Both events were a huge success and the children loved showing off their skills to their family and friends

Amber Valley



Sandbach entered 56 Women's Artistic gymnasts into this friendly competition. We had girls that train between 3 - 25 hours each week compete over the weekend.

This is the largest number of 4 piece gymnasts we have ever had compete in the same competition. The weekend was rewarded with lots of medals and trophies. Special mention to Lily Oulton from the senior squad who won the Junior category.

Sandbach Gymnastics Foundation

Tel 01270 767491
Web www.sandbachgymnastics.com
Email sandbachgymnastics@yahoo.co.uk

Charity Registration No. 1171220



Associated programmes

Member Organisations