Sandbach Gymnastics Foundation

Supporting Healthier Lifestyles



# Newsletter - March 2022

#### A YEAR IN OUR NEW HOME

The clubs first 12 months has brought a whirlwind of success. The opportunities the centre has created for the community is beyond anything we could of imagined

#### **Ebony Gaddum - TEAM GB**



Ebony Gaddum age 13 years was elected in October 2021 to attend Junior National Squad training. She secured her place in team GB and was part of a 5 strong team that travelled to Stuttgart, Germany for the **DTB Pokal Team Challenge**.

Ebony will now focus on earning a place for selection to the **Junior Europeans** and **European Youth Olympic Festival** in the summer of 2022

#### **Olympians Visit Sandbach**



Jessica and Jennifer Gadirova visited our gym in February for a photoshoot with Gymnova UK and Milano Leotards. The Olympic Bronze Team Medallists from the Tokyo Games had a successful and productive photoshoot and will appear in the new Gymnova UK and Milano Leotards brochures. Darcy, Ebony, Isabel, and Lola were invited to meet the Olympians and were lucky enough to have their pictures taken wearing a real Bronze Olympic Medal.



Sandbach Gymnastics Foundation

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Charity Registration No. 1171220

## Hopes & Beams - Our Friends

Hopes and Beams are a community club based in Crewe and are lifelong friends of Sandbach Gymnastics. Their mission is to help people with disabilities discover their potential through sports, teaching and recreation. Once a month they access our facility free of charge and the excitement can be seen in each gymnasts face. Our club will be holding the Rhythmic National Disability Championships later in the year.







Associated programmes

Member Organisations

#### **Commonwealth Games Hosts**

The club will be hosting **Team Australia** for their weeks preparation camp for the **World Championships in October 2022**. The Australian team will use our facilities in their final preparation before competing at the M&S Arena at the World's.



#### **In House Competitions**



We have hosted a Floor & Vault and Women's Artistic Grades competition at the club in December 21 and February 22. A total of 130 gymnasts were able to compete and show parents and grandparents their routines.

The day was possible through the work of our incredible volunteers. We had a total 30 helpers on the days

#### **Building our Coaching Team**

### **British Championships**

The club had a record number of gymnasts entered for both the English Championships and the British Championships.

The facility is creating many more opportunities for gymnasts in the club to compete at the highest level in Great Britain. The dream will be to have our first Olympian at the 2024 Games.



Isla and Isabel at the Espoir English Championsips

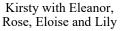
Our coaches have been working extremely hard and qualifying to their next level. Kirsty Morrey, Vincent Conran and Lisa Murdock are all taking their level 3 in Women's Artistic. Rachael Murdock is taking her level 2 and our teenage volunteer Natasha Oakden has taken her level 1. The club managed to secure a grant to help with the costs of the courses. The grant of £1519 was kindly donated by Active Cheshire



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