

Sandbach Gymnastics Newsletter

ISSUE 3

JUNE 2005

Please Support the Gym That Supports Your Child

Competition Success

Compulsory Level 3 National Finals

This competition is the National Final for the regional teams that qualified earlier this year. Each team comprises of four gymnasts only. Also, gymnasts who score highly enough in their



regions can compete at the finals as individuals. Gymnasts who perform at the highest level will then have the opportunity to join the National squad for their age band. Nicole Watson and Amy Taylor made up 50% of the four strong North West team. Hannah McBride and Carrie Smith also qualified to compete as individuals. There were approximately 70 competitor's from the 12 regions around the country all aged 10 years. The day was a great success for the girls and Sandbach, with Nicole winning her first National Final and receiving the Gold Medal. Amy was placed 8th, Hannah 17th and Carrie 47th. We were the only club to have 4 girls all in the same age category.

Nicole and Amy are now waiting to see if they have earned their place within the National Squad. The coaches were very happy with the gymnasts performance. The girls are now on the way to a successful gymnastics career. WELL DONE TO THE GIRLS.

North West Qualification and National Finals for Tumbling



The qualification event was held at Liverpool with only 1 gymnast from each age group eligible for the National Finals. Sandbach entered 14 tumblers in the qualification event. This was our first year tumbling which proved to be a very successful competition outlet for the gymnasts. Matthew Broadbent and Nicole Watson won their age groups with Kirsty Morrey just missing out on the Nationals, being placed in silver position. The National Finals were held at Stoke in May for Nicole and Matthew. They had to perform two set tumbles each with the top 8 having the opportunity to compete a final tumble to secure their ranking. They both performed well and were rewarded with silver medals for their age groups. It was a great achievement for both gymnasts, especially Matthew as it was his first major competition. Well done to all the

tumblers for their hard work and dedication. Hopefully next year we will compete even more gymnasts and secure more places at the finals.

International Debut - UEG Training (Nicole Watson + Tracy Cooper)

Nicole Watson will represent Great Britain at the European training camp in Tirrenia, Italy in July this year. This camp is awarded to the winning gymnast of the Compulsory Level 3 National Final. Nicole will be the only 10 year from GB on this camp. The camp will have gymnasts from Russia, Romania, France, Germany, Ukraine and Italy from this age category. They will spend 10 days training under the supervision of top level International coaches. Nicole will be supported by personal coach Tracy Cooper who through her hard work and dedication has motivated this level of performance. WELL DONE NICOLE and TRACY! Sandbach Gymnastics can now add two more International representations to our history of achievements.

General Events and Activities

DISPLAYS - Sandbach Gymnastics has been invited to do a display at the Crossville club in Crewe to celebrate **V.E AND V.J DAY**. We have also been invited back to Crewe's Carnival at Queen's Park on the August bank holiday weekend. The club will be taking a selection of gymnasts and tumblers to the event. During the carnival the mums' will be holding a fund raising tombola which raised a very creditable £288.00 last year.

SPONSORED SOMMERSAULT - The sponsored event was a great success, with the total amount raised reaching £2,500 so far. From these funds the vaulting blocks and the beam has been purchased. Every child in the club can enjoy and benefit from all the equipment. **A Fantastic Result !!!!**

COUNCIL GRANT - We have successfully been awarded a grant of £2,500 from our local borough council. This is the first time we have received this type of support and funding and would like to say a big thank you to the council for their generous donation. The money will be put towards a new spring board, tumble mats, ballet bar and pre school apparatus.

GYMNAST OF THE QUARTER - Every quarter we intend to do an update newsletter, keeping you informed of current activities. Each quarter the coaches of the club will discuss how the gymnasts of each group have trained, worked, most improved etc. We will then present the selected gymnasts with a certificate to reward their individual efforts.

RECREATIONAL CLASSES -

Classes are nearly all FULL !! Please ensure that your course fees are paid on the due dates to reserve your child's place. Only secured places will be reserved.

The new class held on Tues 4-5 pm has been a success and is now full

We now operate a waiting list system for certain classes, unsecured places are offered to new members on the waiting list. Thank You for your co-operation.

Fund Raising and Parent Support

Please contact Tracey Taylor on 01606 831379

If you can help or support the development of the club in anyway.

Thank you for your support

ASDA Community - The paint for the gym, donated by ASDA arrived a while ago, but due to a very busy gym at the moment we have not had chance to finish. This will be done at some point but thank you to all who helped to get us started.

BRITISH GYMNASTICS Membership - Sandbach Gymnastics is a BGA registered club and therefore it is a pre-requisite of the governing body that all our members affiliate to them. Please ensure that your BGA membership is up to date. The membership year is October to September. Thank You.

HOLIDAY CAMPS - There will be various holiday camps held over the summer holidays, booking forms will be given out over the next few weeks. To secure your place full payment must be paid on the day of booking. Sorry if this causes any inconvenience.

AMERICAN EXCHANGE - Each year we try and organise and exchange with the Gymnastics of York Club, USA. This year it is their turn to visit us. They are here during the first week in August. They will be doing lots of training with our squad gymnasts and having day trips out. If you see them around please give them a warm welcome.

Fitness Membership - All gymnastics parents have benefit of discounted membership to the fitness gym. Current annual paid in full memberships are £230 per annum. **Discount Price £185.00**

CONGRATULATIONS TO OUR GYMNAST QUARTERLEY WINNERS!!!

Sat 9 - 10 am	Lucie Hursthouse
Sat 10 - 11 am	Hannah Lightfoot
Sat 11 - 12 am	Rhiannon Evetts
Sat 12 - 1 pm	Emma Dooley
Mon 4 - 6 pm	Willem Rushton
Mon 5 - 6 pm	Aimee Kent
Tue 4 - 5 pm	Lydia Jackson
Tue 5 - 6 pm	Zena Tredall
Thu 5 - 6 pm	Sam Owen
Fri 4 - 6 pm	Millie Hurst
Fri 6 - 8 pm	Nadine Tunstall
WA Squad	Anina Pletcher
Tumbling Squad	Dayle Steele



Sandbach Gymnastics is now actively searching for larger premises in Sandbach. Who do you know!!, that can help us, land or building, Contact Peter Aldous if you have any ideas.